

Rohul Amin MD, DFAPA, FACP

Psychiatrist and Internist

HolistiCare, LLC Psychiatric and Metabolic Care

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Education

Internship and Residency in Psychiatry / Internal Medicine National Capital Consortium, Bethesda, MD	2009 – 2014
Doctor of Medicine Uniformed Services University, Bethesda, MD	2005 – 2009
Bachelor of Science in Biology The University of North Carolina at Greensboro, NC	2002 – 2005

Current Positions

Owner, Psychiatrist & Internist HolistiCare, LLC – www.holisticaremd.com	2025 – Current
Staff Psychiatrist Walter Reed National Military Medical Center, Bethesda, MD	2019 – Current
Staff Internist Walter Reed National Military Medical Center, Bethesda, MD	2019 – Current

Academic Appointments

Associate Professor (Primary Appointment) Department of Psychiatry Uniformed Services University, Bethesda, MD	2020 – Current
Associate Professor (Secondary Appointment) Department of Medicine Uniformed Services University, Bethesda, MD	2021 – Current
Assistant Professor (Primary Appointment) Department of Psychiatry Uniformed Services University, Bethesda, MD	2014 – 2020

Assistant Professor (Secondary Appointment)
Department of Medicine
Uniformed Services University, Bethesda, MD

2014 – 2021

Prior Positions

Medical Officer (Physician), United States Army

2015 – 2025

Director, Graduate Medical and Dental Education

2013 – 2025

Walter Reed National Military Medical Center, Bethesda, MD

- Largest GME platform in the DoD, responsible for 51 ACGME-accredited programs, 19 Allied Health programs, and 2 CODA-accredited dental programs, with over 700 trainees and 300 faculty.
- Ensured compliance with accreditation requirements, including successful completion of Clinical Learning Environment Review (CLER) visits, and maintained high standards of academic and institutional excellence with a 95% first-time board pass rate.
- Oversaw the annual onboarding and integration of over 1,000 medical students and 500 allied health learners, facilitating their training at Walter Reed.
- Managed the delivery of comprehensive services through the medical library, enhancing educational resources and research support for trainees and faculty.
- Collaborated with program directors and faculty to enhance curriculum development and assessment processes, ensuring alignment with accreditation standards and educational best practices.
- Led efforts to foster a supportive and inclusive educational environment, promoting professional development and well-being for all trainees and faculty members. These included ongoing faculty development, chief resident leadership symposium, transition to practice, and special military-relevant skills workshops in the simulation facility.

Program Director, NCC Psychiatry Program

2014 – 2023

Walter Reed National Military Medical Center, Bethesda, MD

- Largest psychiatry training program in the DoD, responsible for 53 combined residents with their development, education, and mentorship. Ensured compliance with ACGME requirements and achieved 98% first-time board pass rate, 100% subsequent-attempt pass rates, and 95% retention.
- Spearheaded the development and implementation of comprehensive policies to streamline the operations of the Psychiatry Residency Program, ensuring compliance with accreditation standards and enhancing educational outcomes.
- Led strategic initiatives to integrate innovative healthcare delivery models within the residency curriculum, improving patient care and resident training experiences.
- Collaborated with departmental leadership to design and enforce policies that promote a culture of excellence and continuous improvement in psychiatric education and clinical practice.

- Established a robust evaluation and feedback system to assess resident performance and program effectiveness, facilitating ongoing curriculum refinement and quality improvement.
- Developed and executed policies to enhance interdisciplinary collaboration, fostering an environment that supports holistic patient care and resident learning.
- Advocated for and implemented mental health care delivery improvements within the residency program, aligning with contemporary best practices and addressing community needs.
- Oversaw recruitment and mentoring of faculty and residents, ensuring a diverse and competent team dedicated to advancing psychiatric education and patient care.
- Engaged in regular policy reviews and updates to align the program with evolving healthcare regulations and educational standards, maintaining its status as a leading residency program.

Program Director (Acting), NCC Combined Internal Medicine and Psychiatry Program 2019

Walter Reed National Military Medical Center, Bethesda, MD

- Responsible for 9 combined residents with their development, education, and mentorship. Ensured compliance with ACGME requirements.

Chief, Residential Addictions Treatment Facility, Fort Belvoir Community Hospital 2018 – 2019

- Responsible for the 20-bed inpatient addiction residential treatment facility
- Directed the development and implementation of a comprehensive 28-day residential treatment program, enhancing patient outcomes and elevating the facility's reputation for excellence in addiction recovery.
- Oversaw psychiatry resident education, crafting and continuously refining curricula to ensure alignment with cutting-edge addiction treatment practices and resident educational needs.
- Implemented and regularly updated facility policies to improve operational efficiency and maintain the highest standards of care, ensuring compliance with regulatory requirements.
- Mentored and evaluated subordinate staff, fostering professional development and ensuring a high level of competency and dedication among team members.
- Achieved a 130% increase in referral rates through strategic outreach initiatives and by building strong partnerships with community organizations and healthcare providers.
- Collaborated with the Army to assist another Residential Treatment Facility in Washington State, leveraging proven leadership and management strategies to replicate success observed at Fort Belvoir, Virginia.
- Enhanced interdisciplinary collaboration within the facility, promoting a holistic approach to addiction treatment and resident education, with 93% positive feedback from patients on the exit surveys.

Division Psychiatrist, 7th Infantry Division 2016 – 2018

- Demonstrated unwavering commitment to the mental health and well-being of 14,000 Soldiers, ensuring their psychological readiness and resilience.
- Developed the BH-PULSE unit assessment tool, a groundbreaking initiative now being introduced Army-wide, showcasing forward-thinking problem-solving skills.
- Consistently prioritized the needs of Soldiers by conducting comprehensive behavioral health assessments and implementing effective wellness programs.

- Served as the primary consultant to the commanding general, effectively communicating complex behavioral health issues and solutions.
- Acted as a trusted advisor to military leadership, influencing decisions and strategies related to Soldier mental health and wellness.
- Guided commanders in implementing effective behavioral health interventions, positively impacting unit morale and cohesion.
- Inspired Soldiers and leaders alike through passionate advocacy for mental health awareness and education.
- Motivated teams to embrace and prioritize behavioral health initiatives, fostering a culture of support and resilience within the division.
- Delivered over 40,000 man-hours of training on motivation, suicide, and stigma reduction.

Officer in Charge, Combat, and Operational Stress Clinic

2015 – 2016

Operation Inherent Resolve, Camp Buehring, Kuwait

- In charge of Camp Buehring's Behavioral Health team and the subject matter expert for all subordinate units.
- Demonstrated a strong commitment to the mental well-being and operational readiness of 9,500 service members by developing and implementing effective primary prevention strategies.
- Provided comprehensive psychiatric care, ensuring the mental health needs of the camp population were consistently met.
- Motivated colleagues and subordinates to prioritize operational stress mitigation and maintain high standards of medical readiness.
- Served as the only internist for the Camp Buehring population, acting as a consultant to 7 physician assistants to ensure medical readiness.

Chief of Medical Residents, NCC Internal Medicine Residency Program

2014 – 2015

Walter Reed National Military Med Ctr, Bethesda, MD

- Successfully led and coordinated the activities of 76 internal medicine trainees, ensuring high-quality training and professional development.
- Managed the integration and educational experience of 80 guest physician trainees from other programs, fostering a collaborative learning environment.
- Implemented innovative training modules and workshops, enhancing the educational curriculum and addressing emerging medical trends and technologies, including introduction of the 4+1 curriculum, and implementation of the AMION scheduling software.
- Led quality improvement initiatives within the residency program, identifying areas for enhancement and implementing strategies to improve patient care and trainee satisfaction resulting in two institutional awards for leading change.
- Collaborated with faculty and administrative staff to refine evaluation processes, ensuring fair and accurate assessment of trainee performance.

Certificate and Licensure

American Board of Psychiatry and Neurology (#67671)

2014 – Current

American Board of Internal Medicine (#350999)

2014 – Current

Virginia Medical License (#0101247960)	2010 – Current
Maryland Medical License(#D0086502)	2018 – Current

Membership in Scientific Societies/Professional Organizations

Society of Uniformed Services Psychiatrists (APA District Branch)	
▪ President	2020 – 2022
▪ Vice President (President-Elect 2020-2021)	2019 – 2020
▪ Secretary	2018 – 2019
▪ CME Chair	2017 – 2018
▪ Communications Chair	2016 – 2017
▪ Member	2009 – Current
American Psychiatric Association	
▪ Distinguished Fellow	2023 – Current
▪ Fellow	2016 – 2023
▪ General Member	2009 – 2016
American College of Physicians	
▪ Fellow	2017 – Current
▪ General Member	2009 – 2017
Association of Military Surgeons of the United States	
▪ General Member	2018 – Current

Areas of Research Interest

- Training methods and curriculum development to cross-train primary care providers in the delivery of psychiatric care
- Population behavioral and command climate assessments
- Organizational resiliency
- Diagnostic reasoning including cognitive biases
- Resident physician wellness issues

Research Grants and Protocols

Daily Diary Assessment of Post-Traumatic Stress Symptoms in US Military Service Members. Role: Primary Investigator (Walter Reed)	2019 – Current
Behavioral Health Preventive Unit Longitudinal Surveillance and Evaluation (BH-PULSE) Observational Study.	2017 – 2022

7th Infantry Division Initiative

Role: Primary Investigator

Review Activities

Journal of Psychiatric Research

2020 – 2023

Psychiatry: Interpersonal and Biological Processes

2019 – Current

Teaching Activities

Faculty Development

- Instructional Methods in Health Professions Education (Coursera.org) 2019
- Program Directors Seminar, National Capital Consortium, Bethesda, MD 2019
- Program Directors Course, National Capital Consortium, Bethesda, MD 2019
- Quantitative Methods in Clinical and Public Health Research (EdX) 2015
- Association of Program Dir. in Internal Medicine Chief Resident Course 2014
- Stanford Clinical Teaching Course 2014

Curriculum Development Activities

- Adult ADHD Primary Care Evaluation and Management:
 - Trained primary care local and national audiences on managing the challenges of psychiatric presentation in the primary care setting.
- COVID-19 response:
 - Developed online quarantine and home study
 - The resident is prescribed specific activities including reading, modules, and questions
 - Evaluation is done via an online form that is reviewed by designated faculty
- Military Medical Readiness:
 - Developed curriculum for training military healthcare providers on optimizing psychiatric readiness
 - The curriculum covers duty limitations, administrative and medical separation, and effective communication with commanders
 - The curricular assessment outcomes were published in 2021
- Senior Teaching Resident:
 - Developed curriculum to address the ACGME milestone for residents as teacher
 - The curriculum includes daily articles, teaching activities, feedback, and evaluation for the psychiatry resident
- Electrocardiography skills for psychiatrists:

- o Developed workshop based on over 40 clinical practice guidelines from the US (APA), UK (NICE), and Canada and all available psychotropic drug inserts in the US market
- o The curriculum's deliverables include a pocket card with an algorithm on when to obtain an EKG
- o Presented to over 800 psychiatrists and trainees at the APA for three years.
- o Converted to MedEd portal module
- Diagnostic Reasoning & Cognitive biases in medicine:
 - o The curriculum addresses cognitive biases in diagnosis, both in internal medicine and psychiatry
 - o Presented to over 600 physicians at APDIM and APA meetings
 - o Published in Academic Internal Medicine Insight in 2015 and MedEd portal
- Physician Wellness:
 - o Developed curriculum for non-psychiatrist academic leaders based on Cognitive and Problem-Solving concepts
 - o Developed curriculum to address physicians as patients in psychiatric practice
 - o Attended by over 200 physicians and trainees at APDIM, APA, and local residency programs
 - o Curriculum developed for over 700 house staff at Walter Reed on Wellness Competencies to improve recognition of burnout, anxiety, depression, addiction, and suicidality. This also helped the institution meet the ACGME requirements.
- Operational Medicine:
 - o CBT insomnia: Developed a checklist-based curriculum for 38 Army medics during a deployment. The medics delivered CBT insomnia to patients and the learning and clinical outcomes of this curriculum were published in 2017.
 - o Anti-Stigma Intervention: Developed a curriculum with motivational guest speakers based on social contact theory. The curriculum and the impact on the reduction in stigma scores were published in 2018.
 - o Primary Care Psychiatry: Developed curriculum on managing depression, anxiety, and insomnia for Army's primary care providers. This includes an electronic decisional tool. The primary care clinician uses the tool to select a psychotropic and print out the titration schedule for it. The curriculum and its impact on learners was published in 2020.
 - o Job Motivation: Developed a work psychology-based curriculum to teach non-commissioned officers the concepts of motivating their Soldiers towards their jobs. The curriculum is based on the Job Characteristic Model to conduct job redesign for an individual Soldier at a small-unit level.
 - o Suicide Prevention:
 - Developed curriculum on the role of operational military physicians in population suicide prevention programs. The curriculum is based on CDC's population violence prevention approach. The curriculum was presented at the Society of Uniformed Services meeting to over 40 military physicians.

- Developed curriculum for military commanders on decision-making and identification of high-risk service members.
- Behavioral Health Readiness:
 - The curriculum focused on training military behavioral health clinicians on doing duty limitations competencies and referral to medical boards. Results of the effectiveness are published in 2021.
- Military Psychiatry Operational Simulation Exercise (M.P.O.S.E.):
 - Novel simulation curriculum involving standardized patients and military commanders
 - Residents undergo three vignettes: An individual Soldier with suicidality requiring a command meeting; population-level concerns of rising DUIs in a division with a commander brief; and Operational Stress Reaction in a Sailor with mild TB. The evaluation shows all outcome areas with statistically significant changes; peer-review paper to report this curriculum is in progress
- Operational Psychiatry:
 - A 4-week experience with 2 weeks of self-directed learning via assigned reading and daily reflection submission by trainee 2-week training at an operational unit

Undergraduate Medical Education

Clinical Attending, Psychiatry Clerkship	2018 – Current
▪ Bedside teaching to USUHS clerkship students while on psychiatry.	
Clinical Attending, Internal Medicine Clerkship	2014 – Current
▪ Bedside teaching to USUHS clerkship students while on medicine.	
Preceptor, Internal Medicine Clerkship	May 2017
▪ Clinical teaching and assessments of 3 rd -year Uniformed Services University medical students at Madigan Army Med Ctr	
Preceptor, Internal Medicine Clerkship	Nov 2016
▪ Clinical teaching and assessments of 3 rd -year Uniformed Services University medical students at Madigan Army Med Ctr	
Facilitator/Lecturer, USUHS	
▪ Comprehensive H&P: Evaluation and feedback to two students – 3 hours	Nov 2023
▪ Humanism Symposium for 1st Year Medical Student	Jul 2023
▪ Comprehensive H&P: Evaluation and feedback to two students – 3 hours	Nov 2022
▪ Neurobiology Course: Affective Disorders & Schizophrenia – 7.5 hrs, 7 students	Apr 2021
▪ Intro to Clinical Reasoning, Comprehensive Exam – 3 hours, 4 students	Sep 2020
▪ Depression Small Group – 2.5 hours, 8 students	Jun 2020
▪ Deployment BH Panel Session – 60 min, 15 students	Apr 2020
▪ Insomnia ICR workshop – 60 min, 8 students	Apr 2020

- Program Director Day Interviewing Skills Workshop – 90 minutes, 160 students Feb 2020
- Racism in Medicine (by invitation) – 90 minutes, 160 students Mar 2016
- Dyspnea small group – 60 minutes, 20 students Jan 2015
- Anemia small group – 60 min, 20 students Jan 2015
- Insomnia Clinical Reasoning Simulation – 2 hours, 10 students Apr 2014
- Bench to Bedside: Geriatrics – 150 minutes, 25 students Mar 2014

Resident Faculty, Bushmaster, Ft Indiantown Gap, PA

Apr 2013

- Provided instruction on Combat Operational Stress Reactions and basic mental health care during an annual 5 Day field exercise

Graduate and Professional Medical Education (Administrative/Leadership)

President, Society of Uniformed Services Psychiatrists 2020 – 2022

- Oversee the operation of the American Psychiatric Association's military chapter
- Advocate, educate, and mentor over 438 military psychiatrists and trainees

Vice President, Society of Uniformed Services Psychiatrists 2019 – 2020

- Assist the president with ensuring optimal operations
- Oversee the planning and execution of the annual SUSP educational seminar

Chair, Annual Artiss Symposium, Walter Reed, Bethesda, MD May 2019

- Planned, organized and executed one-day educational seminar
- Attended by over 150 psychiatrists, residents and allied providers
- Supervised marketing, registration, and CME/CEU organization

Secretary, Society of Uniformed Services Psychiatrists 2018 – 2019

- Organized administrative operations of the organization
- Ensured strategic and business communication
- Supervised annual elections
- Assessed educational seminar assessment and evaluation

CME Chair, Society of Uniformed Services Psychiatrists 2016 – 2017

- Organized available CME opportunities to the members
- Developed website to enable easy-to-follow instructions on Psychiatry maintenance of certification requirements

Chief of Medical Residents, NCC Internal Medicine Residency Program 2014 – 2015

- Develop and mentor all aspects of physician development for 76 Internal Medicine residents and 50 interns from other programs
- Conduct evaluations and provide feedback. Teaching daily didactics during morning report, quality and process improvement, evidence and

the value-based practice of medicine

Education Chair, NCC Psychiatry Residency Program 2012 – 2014

- Develop and implement question banks, plan morning the report, arrange board preparation teachings
- Mentored over 30 residents on presenting posters at APA annual meeting

Graduate and Professional Medical Education (Teaching)

Contributor, NCC Psychiatry Residency Noon Conferences 2019 – Current

- Facilitate hourly case conferences twice a week
- Provide feedback to residents and teach critical thinking
- Attended by 45 residents and 10 faculty members

Contributor, NCC Psychiatry Residency Morbidity & Mortality Conference 2019 – Current

- Facilitate monthly hour-long root cause analysis
- Provide feedback to residents and teach patient safety concepts
- Attended by 45 residents and 10 faculty members

Contributor, NCC Psychiatry Residency Journal Club 2019 – Current

- Facilitate weekly hour-long sessions on critical appraisal of the literature
- Provide feedback to residents and teach critical thinking and statistics
- Attended by 45 residents and 10 faculty members

Contributor, NCC Psychiatry Residency Quality Improvement Review 2019 – Current

- Facilitate monthly hour-long sessions on resident QI/PI projects
- Provide feedback to residents on Lean and PDSA concepts and leading change
- Attended by 45 residents and 10 faculty members

Course Director, NCC Psychiatry Residency Grand Rounds 2019 – 2023

- Facilitate hourly case conferences weekly with case presentation
- Provide feedback to residents and teach critical thinking
- Provide up to 30 CMEs/CNEs to faculty and staff
- Attended by 45 residents and 10 faculty members

Course Director, Annual Artiss Symposium 2019 – 2023

- Plan and execute an annual symposium with over 100 participants

Instructor, Army Behavioral Health Readiness Competencies April 2020

- Three-hour session on administrative separations, medical board, profiling
- Attended by 60 residents and senior medical students

Instructor, Army Behavioral Health Readiness Competencies Mar 2020

- Three-hour session on administrative separations, medical board, profiling
- Attended by 55 Behavioral Health providers across the National Capital area

- Instructor, Depression and Anxiety Management in Primary Care** Jan 2020
NCC Transitional Training Program
- Instructions on evidence-based management of depression and anxiety
 - Attended by 24 Transitional Year interns
- Course Director, Transition to Practice, NCC Psychiatry Residency Program** 2019 – 2023
- Facilitate hourly case conferences weekly with case presentation
 - Provide feedback to residents and teach critical thinking
 - Attended by 16 residents and faculty members
- Facilitator, Case Conference, NCC Psychiatry Residency Program** 2019 – 2023
- Facilitate hourly case conferences twice a week with case presentation
 - Provide feedback to residents and teach critical thinking
 - Attended by 40 residents and faculty members
- Resident and Intern Attending, Ambulatory Medicine Clinic, WRNMMC** 2018 – 2022
- Clinical teaching and assessments of resident/interns during ambulatory rotations
- Instructor, Depression and Anxiety Management in Primary Care** Jun 2019
Walter Reed Internal Medicine Clinic
- Instructions on evidence-based management of depression and anxiety
 - Attended by 30 staff internists
- Instructor, Depression and Anxiety Management in Primary Care** 2019 – Current
NCC Transitional Training Program
- Annual instructions on evidence-based management of depression and anxiety
 - Attended by 24 Transitional Year interns
- Resident and Intern Attending, Inpatient Medicine, Madigan Army Med Ctr** 2016 – 2018
- Clinical teaching and assessments of resident/interns during Inpatient internal medicine rotations
- Instructor, Primary Care Psychiatry, 7th Infantry Division Medical Staff** 2016 – 2018
- Training of 35 physicians and physician assistants assigned to 7th ID
 - Topics included insomnia, depression, anxiety, PTSD, and suicide prevention
- Instructor, CBT-insomnia, 7th Infantry Division Behavioral Health Staff** 2016 – 2018
- Training of 20 Behavioral Health personnel on treating insomnia
- Resident and Intern Attending, Ambulatory Medicine Clinic, WRNMMC** 2014 – 2015
- Clinical teaching and assessments of resident/interns during ambulatory rotations

Instructor , Army Psychiatric Nursing Program	2013 – 2014
<ul style="list-style-type: none"> ▪ Didactic and small-group teaching to RN students specializing in psychiatric nursing ▪ Topics included Schizophrenia, Personality Disorders, and Cognitive Disorders 	
Instructor , Warrior Transition Command Provider Course	2012 – 2014
<ul style="list-style-type: none"> ▪ Training of 120 primary care providers entering the WTB clinics across the Army on the evidence-based management of depression and suicide 	

Clinical Activities/Privileges

Walter Reed National Military Medical Center, Staff Psychiatrist and Internist	2019 – Present
A.T. Augusta Mil. Med. Ctr, Staff Psychiatrist and Internist	2018 – Present
Kimbrough Ambulatory Care Center, Fort Meade, MD	2020 – Present
Optum/United Healthcare, Maryland and Virginia	2025 – Present
Aetna, Maryland and Virginia	2024 – Present
Quest Behavioral Health, Maryland and Virginia	2024 – Present
Cigna, Maryland and Virginia	2024 – Present
CareFirst Blue Cross Blue Shield, Maryland	2018 – Present
Madigan Army Medical Center, Staff Psychiatrist and Internist	2015 – 2018
Walter Reed National Military Medical Center, Staff Psychiatrist and Internist	2014 – 2015

Committees

National

▪ Military Social Work Behavioral Health Conference Planning Committee	2022 – 2023
▪ Member, US Army Individual Critical Task List for Psychiatry Workgroup	2021
▪ NCC Neurology Program Director Selection Committee	2021
▪ Member, Army BH Conference Planning Committee	2018
▪ Expert Panel Member, Chronic Multi-symptoms Illness	2017
Department of Veterans Affairs and Defense Clinical Practice Guideline	

Regional / Local

▪ Member, NCC Internal Oversight Committee, Bethesda, MD	2023 – 2025
▪ Member, NCC Executive Committee, Bethesda, MD	2023 – 2025
▪ Member, NCC Academic Subcommittee, Bethesda, MD	2019 – 2025
▪ Member, Graduate Medical Education Committee, NCC, Bethesda, MD	2019 – 2025
▪ Member, USUHS Dept. of Psychiatry Advisory Board	2019 – 2023
▪ Patient Safety Executive Committee, Walter Reed, Bethesda, MD	2019 – 2025

- Academic Hearing Subcommittee, National Capital Consortium, Bethesda, MD 2018 – 2025
- Sole Provider Committee, Walter Reed, Bethesda, MD 2018 – 2019
- Fort Belvoir Behavioral Health Readiness and Deployability Committee, Chair 2018 – 2019
- Unit Behavioral Health Needs Assessment Tool Development Committee, 2018 – 2019
Walter Reed Army Institute of Research, Silver Spring, MD
- Psychiatric Admissions Process Committee (Lead) 2016
Departments of Behavioral Health and Emergency Medicine
Madigan Army Medical Center, Tacoma, WA
- Clinical Competency Committee, Transitional Year Residency Program 2014 – 2015
Walter Reed National Military Medical Center, Bethesda, MD
- Expert Member, Suicide Evaluation Process Committee 2014
Walter Reed National Military Medical Center, Bethesda, MD
- Member, Education, and Competency Committee 2013 – 2014
National Capital Consortium Internal Medicine Residency,
Walter Reed National Military Medical Center, Bethesda, MD

Honors and Awards

- The Order of Military Medical Merit (O2M3) Award 2024
- Rundy Award, NCC Psychiatry Residency Program 2023
- Rundy Award, NCC Psychiatry Residency Program 2022
- Associate Master Clinician Award 2022
- DHA Ready Reliable Care-High Reliability Leadership Award 2022
- 9A Designation for Professional Excellence in the US Army Medical Dept. 2021
- National Capital Consortium Innovative Curriculum Award 2021
- Rundy Award, NCC Psychiatry Residency Program 2021
- Rundy Award, NCC Psychiatry Residency Program 2020
- Alpha Omega Alpha Medical Honor Society (AQA) 2019
- Outstanding Teaching Award from USU Psychiatry Clerkship Students 2019
- Faculty of the Year, Intern Class, NCC Psychiatry Residency Program 2019
- Kurt Kroenke Award for Best Graduating Medicine Resident in 2014
Internal Medicine Clinic
- Neil Holland Award, awarded by graduating Intern class to one 2013
resident or fellow who best exemplifies excellence in teaching,
counseling, humanitarianism, clinical ability, and mentorship.
- First Place Research Poster Winner, Walter Reed National Military 2013
Medical Center for "intervention of using tinnitus sound
generator for management of treatment-resistant auditory
hallucinations."
- Guest Lecturer Award, awarded by the students of Army Psychiatric 2013
Nursing School for "lecturer with the greatest impact on students."
- USUHS Researcher Award for "research efforts while a medical student 2009
between 2005-2009."
- Student Researcher of the Year Award in Endocrinology, awarded by 2008

President, Society of Military Endocrinologists for “research in metabolism and satiety.”

- White Research Award, UNCG, awarded for “exceptional research activities in the Biology department.” 2003

Military Service Honors, Medals and Awards

- Legion of Merit 2025
- Defense Meritorious Service Medal 2023
- Joint Service Achievement Medal 2023
- Joint Service Commendation Medal 2023
- Humanitarian Service Medal 2022
- Joint Service Commendation Medal 2022
- Joint Service Achievement Medal x 2 2021
- Joint Service Achievement Medal 2020
- Armed Forces Service Medal 2020
- Joint Service Commendation Medal 2019
- Meritorious Service Medal 2018
- Inducted in *Order of the Bayonet*, 7th Infantry Division 2018
- Distinguished Honor Graduate, Captain’s Career Course 2017
- Joint Service Achievement Medal 2017
- Army Commendation Medal 2016
- Army Commendation Medal 2015
- Global War on Terrorism Expeditionary Medal 2015
- Junior Officer of the Year, Walter Reed Nat’l Mil Med Ctr 2014
- Joint Service Commendation Medal 2014
- Joint Service Commendation Medal 2014
- Army Achievement Medal 2009
- Navy and Marine Corps Achievement Medal 2002
- Afghan Campaign Medal 2002
- Global War on Terrorism Service Medal 2002
- Letter of Commendation, American Ambassador, Kabul 2002
- Navy and Marine Corps Commendation Medal 2002
- Navy and Marine Corps Sea Service Ribbon 2002
- Marine Corps Good Conduct Medal 2001
- Distinguished Honor Graduate with Meritorious Promotion, US Marines 1999

Current Manuscripts & Scholarly Activities

Johnson, A., Gregoy, J. **Amin, R.** The Role and Impact of Anonymous Feedback in a Residency Program.
Under review

Amin, Rohul, Decisional Capacity in Dementia, Book Chapter, *pending publication*.

Bibliography

Chapters:

Amin, R., Bumgardner, A.L., Hunter, M.T. (2023). Dizziness. In: Meyer, E.G., Cozza, K.L., Bourgeois, J.A. (eds) The Medical Evaluation of Psychiatric Symptoms. Springer, Cham.
https://doi.org/10.1007/978-3-031-14372-4_5

Barr, N., **Amin, R.**, Kintzle, S., Watman, S. (2023). Understanding Suicide Among Military Service Members and Veterans: Risk and Protective Factors, Theory, and Intervention. In: Warner, C.H., Castro, C.A. (eds) Veteran and Military Mental Health. Springer, Cham.
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Amin R, Cooper BA. Impaired Physician. In: Smart Medicine. American College of Physicians; 2013.

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Articles:

Ma, J., Nemceck, S., **Amin, R**, Military Psychiatry Operational Simulation Exercise (MPOSE): A Novel Teaching Curriculum. Medical Journal, US Army Medical Center of Excellence (MEDCoE), 2024, p17.

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Amin R, Thomas MA. Effects of Brief Depression and Anxiety Management Training on a US Army Division's Primary Care Providers. *Mil Med*. 2020 Jan 28.

Hoyt T, Repke D, Barry D, Baisley M, Jervis S, Black R, McCreight S, Prendergrast D, Brinton C, **Amin R**. Development of a Leader Tool for Assessing and Mitigating Suicide Risk Factors. *Mil Med*. 2020 07;185(Suppl 1):334–41.

Amin R, McLeroy SC, Johnson VM. Motivational Guest Speaker Presentation as an Anti-Stigma Intervention for US Army Soldiers. *US Army Med Dep J*. 2018 Dec;(2–18):48–53.

Amin R, Servey J. Lessons of Leading Organizational Change in Quality and Process Improvement Training. *Mil Med*. August 2018. doi:10.1093/milmed/usy204

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Amin R. Fluoxetine and Trazodone Combination Pharmacotherapy Resulting in Severe Irritability, Anger, Anxiety, and Anorexia: Probable Adverse Drug Interaction. *Prim Care Companion CNS Disord*. 2016 Aug 11;18(4).

Amin R, Barelski A, Krohe A, Ritter J. Teaching Clinical Reasoning in the Outpatient Clinic: Pearls for Efficient and Effective Diagnosis. *Academic Internal Medicine Insight*. 2015;1(13):18–20.

Grammer G, Green V, **Amin R**, Alampay M. The Role of rTMS in the Treatment of Psychiatric Disorders Other than Major Depression. *Psychiatric Annals*. 2014 Jun 1;44:293–8.

Amin R, Ortiz CE, Parisien K. The use of tinnitus sound generators for auditory hallucinations. *Journal of Psychiatric Intensive Care*. 2014 Apr;10(1):57–9.

Amin R, Walter R, Bunin J. Metformin Associated Lactic Acidosis Mimicking Ethylene Glycol Ingestion in an Alcoholic Patient. *CHEST*. 2013 Oct 1;144(4):352A.

Arya GH, Lodico MJP, Ahmad OI, **Amin R**, Tomkiel JE. Molecular characterization of teflon, a gene required for meiotic autosome segregation in male *Drosophila melanogaster*. *Genetics*. 2006 Sep;174(1):125–34.

Presentations/Abstracts

National / International

- **Amin, R.** Adult ADHD Evaluation and Management. American College of Physicians Annual Meeting, New Orleans, LA; 4/5/2025.
- **Amin, R.** Psychotropics, Alternative Treatments and Military Deployability. US Army National Guard Annual Behavioral Health Meeting, Little Rock, AR; 3/7/2024.
- **Amin, R.** Work and Organizational Psychology for Leaders. Triservice Annual Meeting, Silver Spring, MD; 11/10/2023.
- **Amin, R.** Psychotropics in Primary Care. Triservice Annual Meeting, Silver Spring, MD; 11/9/2023.
- **Amin, R.** The Management of Substance Use Disorder Patient in the Medical Ward and Residential Treatment Facility Settings. The NCR Annual Substance Use Disorder Symposium, Bethesda, MD; 9/20/2023
- **Amin, R.** Tele-psychiatry In the Combat and Operational Setting. Panelist for: Surgical Telementoring for Combat Casualty Care (STC3) - Part 2; Connecting Hospital to Hospital Virtually. Association of Military Surgeons of the United States' Webinar; 10/20/2022.
- **Amin, R.** For the Love of It: Work Psychology Concepts to Improve Organizational Wellness and Military Readiness, Society of Uniformed Services Psychiatrist Annual Meeting; 2022 May 20th; New Orleans, LA.
- **Amin, R.** Ford S, Navarro A. Leadership as a Social Determinant of Wellness: Lessons for Physician-Leaders From the U.S. Army Leadership Doctrine. American Psychiatric Association Annual Meeting; 2022 May; New Orleans, LA.
- **Amin, R.** Psychiatric Medications and Deployments. US Army National Guard Psychological Health Symposium; 3/25/2022; Virtual.
- **Amin R**, Hunzeker A, Bumgardner A, Ma J, Wright V. Tackling the Metabolic Syndrome Disparities in Your Patients: Prevention and Management Strategies for Busy Psychiatrists. American Psychiatric Association Annual Meeting; 2021 Apr; Virtual.
- **Amin R**, Hines C, Hunzeker A, Amayo I, Wachter K. Healing Our Healers: Management of Physicians and Other Health Care Providers With Burnout and Other Psychiatric Conditions. American Psychiatry Association Annual Meeting; 2021 Apr; Virtual.

- **Amin R**, Krueger N. Management of Depression and Anxiety in a Hurry in the Primary Care Setting. Association of Military Surgeons of the United States Annual Meeting; 2020 Dec; Virtual.
- **Amin R**, Skiles J. The When and How of US Army Administrative Separations for Psychiatric Conditions. Association of Military Surgeons of the United States Annual Meeting; 2020 Dec; Virtual.
- **Amin R**, Hirt JL. The When and How of US Army Medical Board Referrals for Psychiatric Conditions. Association of Military Surgeons of the United States Annual Meeting; 2020 Dec; Virtual.
- **Amin R**, Hagan J, Hunzeker A, Amayo I, Wachter K. Healing Our Healers: Management of Physicians and Other Health Care Providers With Burnout and Other Psychiatric Conditions. American Psychiatry Association Annual Meeting; 2020 Apr; American Psychiatric Association Annual Meeting (Abstract only, presentation canceled due to COVID-19 pandemic).
- **Amin R**, Hunzeker A, McLeroy S, Mangal J, Navarro A. When Do I Need to Obtain an ECG as a Psychiatrist? Advancing Quality of Care for Your Patients With the Practical What, When, and Why's of ECGs. American Psychiatry Association Annual Meeting; 2020 Apr; Philadelphia, PA (presented electronically).
- **Amin R**, Snell R, Hunzeker A, Kandler C, Champion A. How Do I Prescribe Exercise for Depression? Advancing the Quality of Psychiatric and Physical Wellness of Your Patients. American Psychiatry Association Annual Meeting; 2020 Apr; Philadelphia, PA (presented electronically).
- Diana E, Wachter K, **Amin R**. Prevalence and Correlates of Depression, Suicidal Ideations, and Suicidal Behaviors among US Army Soldiers. American Psychiatric Association Annual Meeting (Abstract only, presentation canceled due to COVID-19 pandemic); 2020 Apr; Philadelphia, PA.
- Fisher M, Batra P, **Amin R**. Hypnotherapy as a Diagnostic Modality in a Patient with Chest Symptoms. American Psychiatric Association Annual Meeting (Abstract only, presentation canceled due to COVID-19 pandemic); 2020 Apr; Philadelphia, PA.
- Hunzeker A, **Amin R**, Mestrovich J, Hornbaker-Park M, Hagan J. Teaching the Clinical Diagnostic Process and the Pitfalls of Cognitive Shortcuts. American Psychiatric Association Annual Meeting (Abstract only, presentation canceled due to COVID-19 pandemic); 2020 Apr; Philadelphia, PA.
- **Amin R**, Hunzeker A, Mangal J, Navarro A, McLeroy S. When Do I Need to Obtain an ECG? The Practical Whats, Whens, and Whys of ECGs in Psychiatric Practice. American Psychiatric Association Annual Meeting; 2019 May 18; San Francisco, CA.
- Meyer E, Tran L, Jacobs J, Ford S, **Amin R**. Physician Psychiatrists: Serving the Underserved Through the Medical Review of Systems and the Physical Exam. American Psychiatric Association Annual Meeting; 2019 May 18; San Francisco, CA.
- **Amin R**, Snell R, Hunzeker A, Kandler C. How Do I Prescribe Exercise for Depression? American Psychiatric Association Annual Meeting; 2019 May 22; San Francisco, CA.
- Thomas M, Kandler C, Amin R. Improving Mental Health Competencies Among Army Primary Care Providers. Poster presented at: American Psychiatric Association Annual Meeting; 2019 May 21; San Francisco, CA.
- Wirtz B, **Amin R**. Cognitive Behavior Therapy for Insomnia in Military Deployed Operational Setting Utilizing Enlisted Combat Medics: An Innovative QI/PI Project. Poster presented at: American Psychiatric Association Annual Meeting; 2018 May 8; New York, NY.

- Kandler C, **Amin R**. Partial Fetal Alcohol Syndrome in an Adult: A Diagnostic Challenge in a Soldier with Severe Impulsivity and Hallucinations. Poster presented at: American Psychiatric Association Annual Meeting; 2018 May 5; New York, NY.
- Hunzeker A, **Amin R**, Hagan J, Webb A, Capaldi V. Avoiding Diagnostic Thought Errors: Teaching Diagnostic Reasoning Skills and the Mitigation of Cognitive Error. Workshop presented at: American Psychiatric Association Annual Meeting; 2018 May 5; New York, NY.
- **Amin R**, Snell R, Hunzeker A, Kandler C. How Should I Prescribe Exercise and Physical Activity Augmentation Treatment for Patients with Depressive Disorders? Workshop presented at: American Psychiatric Association Annual Meeting; 2018 May 5; New York, NY.
- **Amin R**. Unit Suicide Prevention Programs: Problems with Understanding the Problem. Society of Uniformed Psychiatrists Annual Meeting; 2018 May 4; New York, NY.
- **Amin R**, Hunzeker A, Mangal J, Navarro A. When Do I Need to Obtain an EKG? The Practical What, When and Why of EKGs in Psychiatric Practice. Workshop presented at: American Psychiatric Association Annual Meeting; 2017 May 24; San Diego, CA.
- Sullivan R, Meyer E, **Amin R**, Horita J. Military Cultural Competence 101: What You Need to Know to Provide the Best Care. Workshop presented at: American Psychiatric Association Annual Meeting; 2017 May 20; San Diego, CA.
- **Amin R**, Hunzeker A, Magera J, Webb A. Teaching the Concepts of Diagnostic Reasoning and Cognitive Bias to Residents and Students. Workshop presented at: American Psychiatric Association Annual Meeting; 2017 May 20; San Diego, CA.
- **Amin R**, Hunzeker A, Mangal J, Navarro A. The What, When, and Why's of EKG's in Psychiatric Practice. Workshop presented at: American Psychiatric Association Annual Meeting; 2016 May 14; Atlanta, GA.
- **Amin R**, Hunzeker A, Hagan J, Webb A. Teaching Diagnostic Reasoning Skills and the Mitigation of Cognitive Bias. Workshop presented at: American Psychiatric Association Annual Meeting; 2016 May 14; Atlanta, GA.
- **Amin R**, Hunzeker A, Capaldi V. Practical Approaches to Decreasing Biases in Medical Conditions Mimicking as Psychiatric Disorders. Workshop presented at: American Psychiatric Association Annual Meeting; 2015 May 19; Toronto, Canada.
- **Amin R**, Capaldi V, Cheringal J, Mitchell J. When the Kleenex Runs Out: Using Psychology to Assist Distressed Resident. Workshop presented at: APDIM Chief Resident Meeting; 2015 Apr 28; Houston, TX.
- Krohee T, Ritter JB, **Amin R**, Adam B. Merging Mindfulness and Heuristics: Teaching Diagnostic Reasoning on the Fly. Presentation presented at: Alliance for Academic Medicine Annual Meeting; 2014 Sep 11; Washington, DC.
- **Amin R**, Hunzeker A, Capaldi V. Practical Approaches to Decreasing Biases in Medical Conditions Mimicking as Psychiatric Disorders. Workshop presented at: American Psychiatric Association Annual Meeting; 2014 May 3; New York, NY.
- Rumbaugh W, **Amin R**, Santiago P. The Rabbit Hole of Altered Mental Status. Poster presented at: American Psychiatric Association Annual Meeting; 2014 May; New York, NY.
- Mangal J, **Amin R**, Parisien KA. Something is Bugging Me. Delusional Parasitosis in the Settings of Anxiety Disorder. Poster presented at: American Psychiatric Association Annual Meeting; 2014 May; New York, NY.

- Cangiamilla K, **Amin R**, Parisien KA. Obsessive-Compulsive Disorder Manifesting as Rectal Pain. Poster presented at: American Psychiatric Association Annual Meeting; 2013 May; San Francisco, CA.
- **Amin R**, Parisien KA. Tinnitus Sound Generator for Homicidal and Suicidal Command Auditory Hallucinations in a Soldier with Treatment Resistant Command Auditory Hallucinations. Poster presented at: American Psychiatric Association Annual Meeting; 2013 May; San Francisco, CA.
- **Amin R**, Krohee T, Ritter, JB. Breaking Bad News. Workshop presented at: Society of General Internal Medicine Annual Meeting; 2013 Apr 25; Denver, CO.
- **Amin R**, White DA. Baclofen Dependence and Withdrawal Delirium: A Review of Neuropsychiatric Presentations and Management Strategies with a Case Report. Poster presented at: American Psychiatric Association Annual Meeting; 2012 May; Philadelphia, PA.
- **Amin R**. The Case of a Broken Heart on Valentine's Day. The Role of Stress and Takotsubo's Cardiomyopathy. Competition Presentation (Second Place) presented at: Association of Medicine and Psychiatry Annual Meeting; 2011 Oct; Chicago, IL.
- **Amin R**, Navarro A. Institutional Policy to Enhance Access to Behavioral Health Care Among Soldiers Returning from Combat Theater. Poster presented at: American Psychiatric Association Annual Meeting; 2011 May; Honolulu, HI.
- **Amin R**, Kumar HS. Left Fronto-Temporal Lobe Dementia Caused by AVM and Gamma Knife Surgery in an Elderly Woman. Poster presented at: American Geriatrics Society Annual Meeting; 2011 May; National Harbor, MD.
- **Amin R**, Bunin J. Cyanide Poisoning in a 26 Year Old Male Soldier Deployed to Afghanistan. Poster presented at: Combined Army/Air Force ACP Chapter Meeting; 2010 Nov; Bethesda, MD.
- Larson N, **Amin R**, Poth ML. Effect of Diet Cola on Urine Calcium Excretion. Poster presented at: Endocrine Society Annual Meeting; 2010 Jun; San Diego, CA.
- **Amin R**, Poth L. Effects of Diet Cola on Bone and Appetite. Presentation presented at: Combined Army/Air Force American College of Physicians Chapter Meeting; 2009 Nov; San Antonio, TX.
- **Amin R**, Poth ML. Changes in PTH and Alkaline Phosphatase after Ingestion of Diet Cola. Poster presented at: Endocrine Society Annual Meeting; 2009 Jun; Washington, DC.
- Amin R, Poth ML. Insulin Response to Diet Cola. Poster presented at: Endocrine Society Annual Meeting; 2008 Jun; San Francisco, CA.

Local / Regional

- **Amin R**. Primary Care Psychiatry in a Hurry. 2022 Nov; Presented to the primary care providers of the 3d US Infantry Regiment (The Old Guard), Washington, D.C. (virtual)
- **Amin R**. Managing Depression and Anxiety in a Hurry in the Primary Care. 2022 Sep; Womack Army Medical Center, Fort Bragg, NC.
- **Amin R**. Anxiety and Depression Management for Primary Care. Transitional Year Training Program; 2020 Sep; Walter Reed National Military Medical Center, Bethesda, MD.
- **Amin R**. Obesity and Insulin Resistance Evaluation and Management for Psychiatrists. NCC Psychiatry Residency Program; 2021 Mar; Walter Reed National Military Medical Center, Bethesda, MD.
- **Amin R**. Army Administrative Separations and Medical Boards. Behavioral Health Department Training Program; 2021 Apr; Darnall Army Medical Center, Fort Hood, TX (Virtual).

- **Amin R.** Cognitive Behavioral Therapy Insomnia Three Session Protocol. Behavioral Health Department Training Program; 2020 Oct; William Beaumont Army Medical Center, El Paso TX (Virtual).
- **Amin R.** Evaluation and Management of Addictions in Inpatient Medical Wards and Residential Treatment Facility. NCC Pain Medicine Symposium (Virtual); 2020 Sep; Walter Reed National Military Medical Center, Bethesda, MD.
- **Amin, R.** Life Cycle of Patients with Substance Use Disorder: Inpatient Medicine Ward and Residential Treatment Facility. Presentation presented at: NCC Pain Symposium, National Institute of Health; 2019 Sep 11; Bethesda, MD.
- **Amin, R.** Psychiatry for Primary Care. Presentation presented at: General Internal Medicine Service; May 2019; Walter Reed, Bethesda, MD
- **Amin R,** Donoho C. Unit Behavioral Health Needs Assessment. Presentation presented at: US Army Behavioral Health Symposium; 2018 Oct 18; San Antonio, TX.
- **Amin R,** Wirtz B. Utilizing Combat Medics and Behavioral Health Technicians to Treat Insomnia in a Deployed Environment. Presentation presented at: US Army Behavioral Health Symposium; 2018 Oct 18; San Antonio, TX.
- **Amin R,** Thomas M. Effects of Brief Psychiatric Medication Management on Organic Primary Care Physicians and Physician Assistants in an Infantry Division. Presentation presented at: US Army Behavioral Health Symposium; 2018 Oct 18; San Antonio, TX.
- **Amin R.** Work Psychology for Leaders. Presentation presented at: 7th Infantry Division Suicide Prevention Month Training; 2017 Sep 22; Joint Base Lewis-McChord, Tacoma, WA.
- **Amin R.** Anatomy of Army Suicides: Chaplain Edition. Presentation presented at: Joint Base Lewis-McChord Chaplaincy Training Event.; 2017 Mar 16; Joint Base Lewis-McChord, Tacoma, WA.
- **Amin R.** Suicide Prevention and Personal Wellness for Legal Professionals. Presentation presented at: 7th Infantry Division Staff Judge Advocate Training Event; 2016 Nov 30; Joint Base Lewis-McChord, Tacoma, WA.
- **Amin R.** Personal Wellness for Healthcare Providers. Presentation presented at: 7th Infantry Division Suicide Prevention Month Training; 2016 Sep 28; Joint Base Lewis-McChord, Tacoma, WA.
- **Amin R.** Anatomy of Army Suicides. Presentation presented at: 7th Infantry Division Suicide Prevention Month Training; 2016 Sep 28; Joint Base Lewis-McChord, Tacoma, WA.
- Rowley D, **Amin R.** Sleepless on Deployment: A Case of Insomnia in the Operational Environment. Poster presented at: American College of Physicians Step to Success Meeting for Medical Students; 2016 Apr; Baltimore, MD.
- **Amin R.** Resident Burnout: Strategies for Optimal Functioning. Internal Medicine Residency Program. Presentation presented at: Internal Medicine Residency Program; 2016; Madigan Army Medical Center, Tacoma, WA.
- **Amin R.** Beyond Burnout: Personal Wellness for Physicians. Presentation presented at: Department of Medicine Faculty Development; 2016; Madigan Army Medical Center, Tacoma, WA.
- **Amin R.** Distressed Soldier: A 3-Step Approach to Helping Your Battle-buddy. Workshop presented at: Delta 4-3 Air Defense Battery Unit Training Event; 2015 Dec 19; Camp Buehring, Kuwait.
- **Amin R.** Cognitive Biases in Clinical Reasoning. Workshop presented at: Medical CME Symposium; 2015 Dec 17; Camp Buehring, Kuwait.

- **Amin R.** Decisional and Capacity Evaluation in the Clinical Setting. Presentation presented at: Medical CME Symposium; 2015 Dec 3; Camp Buehring, Kuwait.
- **Amin R.** Evidence-Based Depression Management in the Primary Care Setting. Presentation presented at: Medical CME Symposium; 2015 Nov 19; Camp Buehring, Kuwait.
- **Amin R.** The Human Mirror Neuron System: Implications for the Practice of Medicine. Grand Rounds presented at: Combined Internal Medicine/Psychiatry Residency, Walter Reed National Military Medical Center; 2013 Oct; Bethesda, MD.
- Jacobo M, **Amin R**, Holley AB. A Difficult Asthmatic With Improved Control Following Successful Treatment of Depressive and Anxiety Symptoms. Poster presented at: District of Columbia American College of Physician Annual Meeting; 2012 Nov; Washington, DC.
- **Amin R.** Sarcoidosis. Clinical and Pathological Case Conference presented at: Internal Medicine Residency, Walter Reed National Military Medical Center; 2012 May; Bethesda, MD.
- Nguyen JQ, **Amin R**, Chin GC, Bunin J. A 21-Year-Old US Army Soldier with Acute Eosinophilic Pneumonia During Aeromedical Evacuation from Combat Theater. Poster presented at: Combined Army/Air Force ACP Chapter Meeting; 2010 Nov; Bethesda, MD.
- **Amin R**, Roschewski MJ. Masked Presentation of Burkitt's Lymphoma as Sciatica during Deployment in a US Soldier. Presentation presented at: Combined Army/Air Force American College of Physicians Chapter Meeting; 2010 Nov; Bethesda, MD.

Specialized Psychotherapeutic Training

- Cognitive Behavioral Therapy
- Psychodynamic Psychotherapy
- Supportive Psychotherapy
- Motivational Interviewing
- Interpersonal Psychotherapy
- Hypnotherapy
- Prolonged Exposure Therapy for PTSD
- Acceptance and Commitment Therapy
- Group Psychotherapy
- Couples/Marital Psychotherapy

Media Appearances, Interviews, and Related Publications

- Prescribing Exercise as an Intervention for Depression.
<https://www.psychcongress.com/article/prescribing-exercise-intervention-depression>. 5 May 2018.

- Suicide prevention: problems understanding problems (Editorial). **Amin, R.** JBLM Northwestern Guardian Newspaper. 28 Sep 2017. Available at: <http://www.nwguardian.com/2017/09/28/28509/suicide-prevention-problems-understanding.html> (last accessed 17 April 2018).
- Radio Interview: Suicide Prevention and Mental Health Resources for Military Service Members. by Lee Callahan. Jack FM 96.5. 16 September 2016.

Military Professional Education

- Boots to Business- Revenue Cycle, Mississippi University. Jan-Feb 2024.
- Command and General Staff College, Fort Belvoir, VA. Sep-Dec 2019.
- Supervisor Development Course, Fort Belvoir, VA. Dec 2018.
- Captain's Career Course, Army Medical Department, San Antonio, TX. Aug 2017.
- Basic Healthcare Administration Course, Army Medical Department, San Antonio, TX. Aug 2017.
- Global Medicine Course. Wright-Patterson Air Force Base, OH. Mar 2015.
- Army Airborne School, Fort Benning, GA. Apr 2009.
- Officers Basic Course, Army Medical Department, San Antonio, TX. Aug 2005.
- Maintenance Management Course, Marine Corps Air Station Cherry Point, NC. Apr 2001.
- Machine Gunner Course, 6th Marines Regiment, Camp Lejeune, NC. Mar 2000.
- Marine Corps Communications School, 29 Palms, CA. Dec 1998.
- Marine Combat Training, School of Infantry East, Camp Lejeune, NC. Nov 1998.
- Marine Corps Boot Camp, Parris Island, SC. Jul 1998.